



# Joyful Gathering Spiritual Center

## Healing & Transformation with Sound Workshop



Everything (all matter, energy, all existence) is vibrational. Sound is vibration. As such, it creates form, atoms, aspects of our consciousness, and the health and functioning of all of our cells and organs. It is a sophisticated tool for healing our body, our minds, and our spirit.

Come learn about the power of sound and its use to heal physical and emotional issues, and to raise spiritual consciousness.

Enjoy a profound sound bath meditation with live instruments (flutes, didgeridoo, keyboards, hand drums, rattles, rain sticks, tingshas, chimes, etc.), natural sounds (heartbeat, nature sounds, whales), Tibetan bowls and an array of crystal singing bowls.

**When:** Sunday, July 21, 2019, 12:15-2:15 PM

**Where:** Joyful Gathering Spiritual Center, 215 Highland Ave, Westmont, NJ

**Cost:** \$20

**Facilitator:** Angelo Rizzo and David Diamond

### **Angelo Rizzo**

*Angelo is a professional musician and certified sound therapist. He holds a Certificate in Sound Healing from the Globe Institute, San Francisco, CA, and has studied sound engineering and music production for over ten years. He is co-owner of Sound Spark Productions LLC / Healing Sound Experience, where he produces CDs (for himself and other artists), does private sound healing sessions with clients, and conducts sound healing classes and workshops in the Philadelphia / South Jersey area.*

### **David Diamond**

*David teaches a course in Personal Metaphysical Journeys at the Temple University Osher Lifelong Learning Institute. This is a personal growth course that focuses on expanding consciousness, on creating positive reality, on the underpinnings of existence, and on all things beyond the physical.*

*David conducts Law of Attraction workshops in the South Jersey area. He is a musician, and assists with Healing Sound workshops and events.*