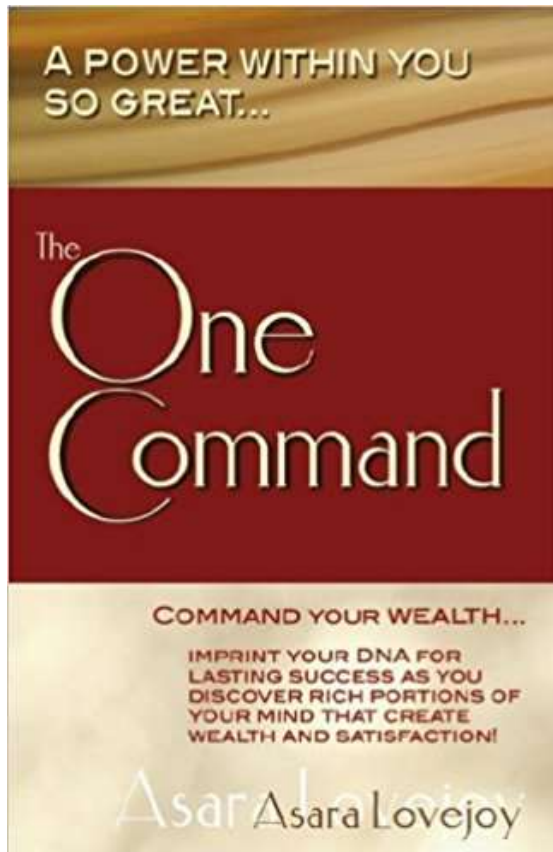




Joyful Gathering Spiritual Center

One Command

A class based on the transformative book by Asara Lovejoy
Begins February 13th 2018



Using The One Command book by Asara Lovejoy we will delve into the simple premise that you have the capacity within to change your life. "The capacity is found within unused portions of your brain that you activate through a simple Six-Step Process that teaches you to lower your brain waves to theta." In this 4 week enrichment class we will explore the inside forces of our creative intelligence, and our ability to think, dream, and manifest from the greater capacity within us.

When: Tuesday evenings 7:00 to 9:00 p.m. starting Tuesday February 13th to Tuesday March 13, 2018. (There is no class Tuesday, March 6th)

Where: Joyful Gathering Spiritual Center, 215 Highland Ave, Westmont, NJ 08108

Facilitated by: Barbara Jakubowski, RScP

Cost: \$85 plus book

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